





# February 2012





Monday	Tuesday	Wednesday	Thursday	Friday
		<b>1</b> Hot Oatmeal w/ Fun Fruit Turkey Sausage Spaghetti w/ Meat Sauce Italian Salad Celery w/ Ranch Fruit	<b>2</b> Cinnamon Pancakes w/ Applesauce Macaroni and Cheese Asian Salad Green Beans Fresh Fruit	<b>3</b> String Cheese Graham Cracker Apple Slices Max Cheese Sticks Fisherman's Salad Cucumber Coins w/ Ranch Peaches
<b>6</b> Crunchy Granola Bar Yogurt Variety & Peaches Roasted Chicken Greek Salad Sweet Potato Zucchini Coins Mandarin Oranges	<b>7</b> Hot n' Spicy Pocket Banana Corn Dog Fiesta Salad Celery w/ Ranch Apricots	<b>8</b> Breakfast Burrito Mandarin Oranges Stuffed Crust Pizza Italian Salad Sweet Potato Rounds Mixed Fruit	<b>9</b> Crunchy Cinnemania Yogurt Variety & Apricots Lasagna Asian Salad Carrot Sticks w/ Ranch Fresh Fruit	<b>10</b> Breakfast Sausage Pizza Applesauce Cheeseburger Fisherman's Salad Green Beans Pears
<b>13</b> Griddle Bakes Turkey Sausage Turkey Sliders Greek Salad Broccoli w/ Cheese Fruit	<b>14</b> Hard Boiled Eggs Hashbrowns Orange Wedges Valentine's Day Nuggets Fiesta Salad Cucumber Coins Mixed Fruit	<b>15</b> Yogurt Parfait Strawberries Deep Dish Cheese Pizza Italian Salad Celery w/ Ranch Pineapple Chunks	<b>16</b> Breakfast Wrap Mandarin Oranges Memphis BBQ Sandwich Asian Salad Deli Roasters Apple Slices	<b>17</b> Waffles w/ Mixed Fruit Bagin' Cajun Catfish Strips Cajun Beans Zucchini Coins w/ Ranch Pineapple Cherry Crisp
<b>20</b> President's Day 	<b>21</b> Colby Cheese Skillet Omelet Turkey Sausage Pears Chalupa Fiesta Salad Rice & Beans Mandarin Oranges	<b>22</b> Mini Pancakes w/ Applesauce Turkey & Gravy w/ Roll Italian Salad Mashed Potatoes Green Beans Mango	<b>23</b> Cherry Apple Crunch Bar w/ Yogurt & Apple Slices Orange Chicken w/ Rice Asian Salad Mixed Vegetables Fresh Fruit	<b>24</b> Bagel Pizza Mixed Fruit Three Cheese Calzone w/ Dipping Sauce Fisherman's Salad Zucchini Coins Sunchips Peaches
<b>27</b> French Toast w/ Applesauce Hamburger Greek Salad Sweet Potato Fries Mixed Fruit	<b>28</b> Whole Wheat Bagel w/ Cream Cheese Fresh Banana Turkey Pepperoni Pocket Fiesta Salad Carrots & Celery w/ Ranch Strawberries	<b>29</b> Apple Cinnamon Bar Banana w/ PB Bean Burrito Italian Salad Rice & Beans Mandarin Oranges		

Fat Free & 1% Milk is offered at both breakfast & lunch. We offer a Cereal Variety (Kix, Total, Cheerios, Frosted Mini Wheat's, Honey Nut Chex, Rice Crispies, Honey Nut Cheerios, and Cinnamon Toast Crunch) daily. PB & J and Whole Wheat Rolls offered Daily at lunch. All you can eat Fruit & Vegetable offered Daily. Fresh fruit subject to change. Due to the availability of entrees, students may not receive their first choice entrée & can be given another entrée. Meals are planned in accordance with the USDA dietary guidelines. The USDA is an equal opportunity provider & employer.



# Febrero 2012



Lunes	Martes	Miercoles	Jueves	Viernes
		<b>7</b> Harina de Avena c/ Mezcla de Fruta Salchicha de Pavo Tiras de Pollo Ensalada Italiano Apio con Ranch Frutas	<b>2</b> Panqueques c/ Puré de Manzana Macarrones y Queso c/ Bolillo Ensalada Asián Ejotes Fruta Fresas	<b>3</b> Queso Graham Cracker Rebanadas de Manzana Pan de Queso Ensalada de Atún Pepino c/ Ranch Duraznos
<b>6</b> Barra Crujiente de Granola Yogur y Duraznos Pollo Asado Ensalada Griego Camote Calabacín Mandarinas	<b>7</b> Caliente Empanana Plátano Fresco Corn Dog Ensalada Apio con Ranch Albaricoques	<b>8</b> Burrito Mandarinas Pizza de Queso Ensalada Italiano Papas Fritas Mezcla de Frutas	<b>9</b> Barras de Canela Yogur y Albaricoques Lasaña Ensalada Asián Zanahorias c/ Ranch Fruta Fresas	<b>10</b> Pizza de Salchicha Puré de Manzana Hamburguesa con Queso Ensalada de Atún Ejotes Peras
<b>13</b> Griddle Bakes Salchicha de Pavo Sándwich de Pavo Ensalada Griega Brócoli c/ Queso Frutas	<b>14</b> Huevo Papas Fritas Naranja Valentine's Day Nuggets Ensalada Pepino Mezcla de Fruta	<b>15</b> Yogur Fresas Pizza de Queso Ensalada Italiano Apio c/Ranch Pina	<b>16</b> Breakfast Wrap Mandarinas Sándwich de Barbacoa Ensalada Asián Deli Asado Rebanadas de Manzana	<b>17</b> Waffles c/ Mezcla de Fruta <b>Ragin' Cajun</b> Catfish Frijoles de Cajun Calabacín con Ranch Pina Cereza Crujiente
<b>20</b> El día de los presidentes 	<b>21</b> Omelet Salchicha de Pavo Peras Chalupa Ensalada Arroz y Frijoles Mandarinas	<b>22</b> Panqueques Mini c/Puré de Manzana Pavo y Gravy c/Roll Ensalada Italiano Puré de Papas Ejotes Mango	<b>23</b> Barras de Cereza y Manzana c/ Yogur y Rebanadas Manzana Pollo Agri dulce c/Arroz Ensalada Asián Mezcla de Vegetales Fruta Fresca	<b>24</b> Pizza de Bagel Mezcla de Fruta Calzón de Tres Quesos Ensalada Atún Calabasa Papitas Sunchips Duraznos
<b>27</b> Torrejas de Canela c/ Puré de Manzana Hamburguesa Ensalada Griego Papas de Camote Mezcla de Frutas	<b>28</b> Bagel de Trigo c/ Mantequilla de Semilla Plátano Fresco Gordita c/ Pavo Ensalada Zanahorias y Apio c/ Ranch Las Fresas	<b>29</b> Barras de Manzana y Canela Plátano c/Manteca de Cacahuete Burrito de Frijoles Ensalada Italiana Arroz y Frijoles Mandarinas		

Se ofrece leche durante el desayuno y almuerzo. Debido a la disponibilidad de los platos principales, probablemente los estudiantes no reciban su primer opción, pero les daran otra opción. Las comidas se planean de acuerdo con las pautas, dietéticas de la Asociación de la Lechería de los Estados Unidos (USDA). El USDA es abastecedor y patrón de la igualdad de oportunidades.