

Please note: The menu is subject to change without notice.  
The most accurate menu offerings are reflected at [linqconnect.com](http://linqconnect.com)

PESD SY 23-24, K8 Lunch Menu					
Week 1					
	Monday	Tuesday	Wednesday	Thursday	Friday
Entree 1	Chicken Sandwich	Orange Chicken + Fried Rice	Bean & Cheese Burrito	Chicken Nuggets + Roll	Cheese or Pepperoni Pizza
Entree 2	Strawberry Yogurt Meal (Yogurt + Granola +	Peanut Butter & Jelly Sandwich	Entree Salad + Dinner Roll	Taco Hummus Meal (Hummus + Tortilla Chips + Cheese Stick)	Peanut Butter & Jelly Sandwich
Vegetables	Burger Toppings (Lettuce + Tomato)	Steamed Broccoli	Corn	Side Salad	Peas
	French Fries	Baby Carrots		Baby Carrots	Frozen Vegetable & Fruit Juice Slush
Fruit	Apple	Mandarin Oranges	Orange	Sliced Peaches	Nectarine
	Craisins or Raisins	Craisins or Raisins	Craisins or Raisins	Craisins or Raisins	Craisins or Raisins
Milk	Milk Choices: 1% White Milk, Skim Milk, or Chocolate Skim Milk				
Week 2					
	Monday	Tuesday	Wednesday	Thursday	Friday
Entree 1	Hamburger or Cheeseburger	Chicken & Vegetable Dumplings + Fried Rice	Corn Dog	Lasagna + Dinner Roll	Deli Sandwich
Entree 2	Red Pepper Hummus Meal (Hummus + Tortilla Chips +	Peanut Butter & Jelly Sandwich	Taco Salad	Taco Hummus Meal (Hummus + Tortilla Chips + Cheese Stick)	Vanilla Yogurt Meal (Yogurt + Granola + Cheese Stick)
Vegetables	Burger Toppings (Lettuce + Tomato)	Baby Carrots	Baked Beans	Steamed Broccoli	Sandwich Toppings (Lettuce + Tomato)
	French Fries	Peas		Baby Carrots	Frozen Vegetable & Fruit Juice Slush
Fruit	Sliced Pears	Apple	Mandarin Oranges	Orange	Sliced Peaches
	Craisins or Raisins	Craisins or Raisins	Craisins or Raisins	Craisins or Raisins	Craisins or Raisins
Milk	Milk Choices: 1% White Milk, Skim Milk, or Chocolate Skim Milk				
Week 3					
	Monday	Tuesday	Wednesday	Thursday	Friday
Entree 1	Pizza Sticks & Marinara Sauce	Hot Dog	Mac and Cheese	Chicken Sandwich	Cheese or Pepperoni Pizza
Entree 2	Entree Salad + Dinner Roll	Red Pepper Hummus Meal (Hummus + Tortilla Chips +	Peanut Butter & Jelly Sandwich	Entree Salad + Dinner Roll	Strawberry Yogurt Meal (Yogurt + Granola +
Vegetables	Steamed Broccoli	Baked Beans	Cucumber Slices	Burger Toppings (Lettuce + Tomato)	Corn
		Baby Carrots		French Fries	Frozen Vegetable & Fruit Juice Slush
Fruit	Apple	Mandarin Oranges	Orange	Sliced Peaches	Nectarine
	Craisins or Raisins	Craisins or Raisins	Craisins or Raisins	Craisins or Raisins	Craisins or Raisins
Milk	Milk Choices: 1% White Milk, Skim Milk, or Chocolate Skim Milk				
Week 4					
	Monday	Tuesday	Wednesday	Thursday	Friday
Entree 1	Tamales	Mac and Cheese	Hamburger or Cheeseburger	Chicken Wings + Dinner Roll	Cheese or Pepperoni Pizza
Entree 2	Entree Salad + Dinner Roll	Taco Hummus Meal (Hummus + Tortilla Chips + Cheese Stick)	Peanut Butter & Jelly Sandwich	Entree Salad + Dinner Roll	Vanilla Yogurt Meal (Yogurt + Granola + Cheese Stick)
Vegetables	Black Beans	Side Salad	Burger Toppings	Steamed Broccoli	Corn
	Salsa	Peas	French Fries	Baby Carrots	Frozen Vegetable & Fruit Juice Slush
Fruit	Sliced Pears	Apple	Mandarin Oranges	Orange	Sliced Peaches
	Craisins or Raisins	Craisins or Raisins	Craisins or Raisins	Craisins or Raisins	Craisins or Raisins
Milk	Milk Choices: 1% White Milk, Skim Milk, or Chocolate Skim Milk				

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Week 1	Week 2	Week 3	Week 4
8/2-8/4	8/7-8/11	8/14-8/18	8/21-8/25
8/28-9/1	9/5-9/8	9/11-9/15	9/18-9/22
9/25-9/29	10/2-10/6	10/17-10/20	10/23-10/27
10/30-11/3	11/6-11/9	11/13-11/17	11/27-12/1
12/4-12/8	12/11-12/15	12/18-12/20	1/9-1/12
1/16-1/19	1/22-1/26	1/29-2/2	2/5-2/9
2/12-2/16	2/20-2/23	2/26-3/1	3/4-3/8
3/19-3/22	3/25-3/29	4/1-4/5	4/8-4/12
4/15-4/19	4/22-4/26	4/29-5/3	5/6-5/10
5/13-5/17	5/20-5/23		

Updated 8/11/23 - MNM



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