

# FEBRUARY 2023

## Breakfast & Lunch Menu

### MONDAY

6  
Breakfast Burrito  
Grapes  
Juice

Chicken Sandwich  
Baked Beans  
Carrots w/ Hummus  
Tropical Fruit Cup

13  
Breakfast Wrap  
Banana  
Juice

Drumstick w/ Roll  
Mashed Potatoes  
Green Beans  
Mixed Fruit Cup

20

**NO SCHOOL**

27  
Cereal  
Banana  
Juice

Chicken Nuggets  
Fries  
Carrots w/ Hummus  
Peach Fruit Cup

### TUESDAY

7  
Bagel w/ Cream cheese  
Applesauce  
Juice

Lasagna w/ Garlic  
Bread  
Steamed Broccoli  
Celery w/ Ranch

14  
French Toast  
Applesauce  
Juice

BBQ Pork Sandwich  
Baked beans  
Cucumbers w/ Ranch  
Pear

21  
Cereal  
Craisins  
Juice

Orange Chicken  
Rice  
Steamed Broccoli  
Celery w/ Ranch  
Apple

28  
Pancakes  
Applesauce  
Juice

Nachos w/ Salsa  
Refried Beans  
Cucumber w/ Ranch  
Apple

### WEDNESDAY

1  
Waffles  
Applesauce  
Juice

Cheeseburger  
Fries  
Celery w/ Ranch  
Apples

8  
Cereal  
Banana  
Juice

Mac & Cheese w/  
Dinner Roll  
Mixed Vegetables  
100% Vegetable Juice  
Mixed Fruit cup

15  
Breakfast Bar  
Craisins  
Juice

Maxx Sticks w/  
Marinara  
Mixed Vegetables  
Mandarin Oranges

22  
Pumpkin Bread  
Banana  
Juice

Mac & Cheese w/  
Dinner Roll  
Mixed Vegetables  
100% Vegetable Juice  
Mixed Fruit Cup

### THURSDAY

2  
Breakfast Bar  
Banana  
Juice

Tamales  
Black Beans  
Fajita Vegetables  
Pear

9  
Pumpkin Bread  
Craisins  
Juice

Chicken Wings w/  
Cornbread  
Celery & Carrots w/ Ranch  
Pear Fruit cup

16  
Cereal  
Grapes  
Juice

Cheeseburger  
Fries  
Broccoli w/ Ranch  
Peach Fruit cup

23  
Breakfast Bar  
Applesauce  
Juice

Tamales  
Black Beans  
Fajita Vegetables  
Pear

### FRIDAY

3  
Cereal  
Craisins  
Juice

Corn Dog  
Steamed Broccoli  
Cucumbers w/ Ranch  
Mixed Fruit Cup

10  
Pancakes  
Applesauce  
Juice

Pizza  
Corn  
Cucumbers w/ Ranch  
Sliced Apples

17  
Blueberry Loaf  
Applesauce  
Juice

Deli Sandwich w/ Chips  
House Salad  
Carrots w/ Hummus  
Sliced apples

24  
French Toast  
Grapes  
Juice

Corn Dog  
House Salad  
Cucumbers w/ Ranch  
Mixed Fruit Cup



### Cold Option:

#### Everyday!

- \*Un crustable w/ Cheese stick & Crackers
- \* Sun butter w/ Cheese stick (Peanut Allergy)

#### Daily Breakfast Offerings

- Assorted Fruit options
- 1% White milk
- Fat Free White Milk

#### Daily Lunch Offerings

- Assorted Fruit Offerings
- Assorted Vegetable Offerings
- 1% White milk
- Fat Free White Milk
- Fat Free Chocolate Milk

Substitutions may occur based on available

This institution is an equal opportunity provider.

*Did you know?*

February has been Black History Month for over 40 years.